



## FACT SHEET

# AREA AGENCIES ON AGING

Area Agencies on Aging (AAAs) were established under the Older Americans Act of 1965 to respond to the needs of Americans age 60 and over. By providing home and community-based services, AAAs make it possible for older adults to live with independence and dignity in their homes and communities as long as possible. Services are provided through the programs below, which are funded through the federal Older Americans Act, New York State, county government and other sources.

### **EXPANDED IN HOME SERVICES FOR THE ELDERLY PROGRAM (EISEP)**

EISEP is designed to provide non-medical services to those 60 and over to remain independent in their own homes as long as it is safely possible. In-home services include homemaker/personal care or housekeeper chore services. A case manager determines needed services through an assessment of client needs, develops a care plan and coordinates, adjusts, and monitors the services provided.

### **SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)**

The SNAP program provides meals for qualifying seniors either in a congregate setting or as a home delivered meal. Each meal provides at least one-third recommended daily allowance (RDA) for nutrition. Nutrition education and counseling are also offered as part of this program. Good nutrition in later years helps both in reducing the risk of disease and in managing diseases' signs and symptoms. It contributes to a higher quality of life.

### **NY CONNECTS**

NY Connects, predominantly operated by AAAs, provides information and assistance for consumers of all ages seeking long term care services, helping them remain in their communities,. [www.nyconnects.org](http://www.nyconnects.org)

### **COMMUNITY SERVICES FOR THE ELDERLY (CSE)**

Area Agencies on Aging provide critical services that enable older adults to lead active and healthy lives by giving them simple and effective tools they can use to maintain and improve their health and reduce their risk of disease and disability. The CSE program provides services such as case management, meals, adult day services, home care, transportation, health promotion and information and assistance.

### **HEALTH INSURANCE INFORMATION COUNSELING & ASSISTANCE PROGRAM (HIICAP)**

HIICAP provides information to seniors on Medicare, Medicaid, managed care, EPIC, and other health insurance options and issues, and also assists Medicare beneficiaries to access needed health care and to apply for programs such as the Medicare Savings Program.

### **CAREGIVER SUPPORT SERVICES**

Caregiver support services are provided in the form of respite, adult day services, and support groups.

See reverse side for contact information for AAAs in New York State.



### **ELDERCARE SERVICES**

AAAs are a focal point for information, advocacy and coordination of eldercare services, including:

- Home Delivered and Congregate Meals
- Nutrition Counseling
- Health Insurance Information & Assistance
- Home Energy Assistance
- Caregiver Support Services
- Long Term Care Information through NY Connects
- Adult Day Services
- In-home Services
- Legal Services
- Health & Wellness
- Volunteer Opportunities

Albany County Department for Aging  
Phone: 518-447-7177

Allegany County Office for the Aging  
Phone: 585-268-9390

Broome County Office for Aging  
Phone: 607-778-2411

Cattaraugus County Dept. of Aging  
Phone: 716-373-8032

Cayuga County Office for the Aging  
Phone: 315-253-1226

Chautauqua County Office for the Aging  
Phone: 716-753-4471

Chemung County Office for the Aging  
Phone: 607-737-5520

Chenango County Area Agency on Aging  
Phone: 607-337-1770

Clinton County Office for the Aging  
Phone: 518-565-4620

Columbia County Office for the Aging  
Phone: 518-828-4258

Cortland County Area Agency on Aging  
Phone: 607-753-5060

Delaware County Office for the Aging  
Phone: 607-746-6333

Dutchess County Office for the Aging  
Phone: 845-486-2555

Erie County Dept. of Senior Services  
Phone: 716-858-8526

Essex County Office for the Aging  
Phone: 518-873-3695

Franklin County Office for the Aging  
Phone: 518-481-1526

Fulton County Office for the Aging  
Phone: 518-736-5650

Genesee County Office for the Aging  
Phone: 585-343-1611

Greene County Dept for the Aging  
Phone: 518-719-3555

Herkimer County Office for the Aging  
Phone: 315-867-1121

Jefferson County Office for the Aging  
Phone: 315-785-3191

Lewis County Office for the Aging  
Phone: 315-376-5313

Livingston County Office for the Aging  
Phone: 585-243-7520

Madison County Office for the Aging  
Phone: 315-697-5700

Monroe County DHHS - Office for Aging  
Phone: 585-753-6280

Montgomery County Office for the Aging  
Phone: 518-843-2300

Nassau County Dept of Senior Citizen  
Affairs  
Phone: 516-227-8900

New York City Department for the Aging  
Phone: 212-442-1000

Niagara County Office for the Aging  
Phone: 716-438-4020

Oneida County Office for Aging &  
Continuing Care  
Phone: 315-798-5770

Onondaga County Dept for Aging &  
Youth  
Phone: 315-435-2362

Ontario County Office for the Aging  
Phone: 585-396-4040

Orange County Office for the Aging  
Phone: 845-615-3700

Orleans County Office for the Aging  
Phone: 585-589-3191

Oswego County Office for the Aging  
Phone: 315-349-3484

Otsego County Office for the Aging  
Phone: 607-547-4232

Putnam County Office for the Aging  
Phone: 845-808-1700

Rensselaer Unified Family Services Dept.  
of Aging  
Phone: 518-270-2730

Rockland County Office for the Aging  
Phone: 845-364-2110

Saratoga County Office for the Aging  
Phone: 518-884-4100

Schenectady County Dept. of Senior &  
LTC Services  
Phone: 518-382-8481

Schoharie County Office for the Aging  
Phone: 518-295-2001

Schuyler County Office for the Aging  
Phone: 607-535-7108

Seneca County Office for the Aging  
Phone: 315-539-1766

Seneca Nation of Indians OFA  
Phone: 716-532-5778

St. Lawrence County Office for the Aging  
Phone: 315-386-4730

St. Regis-Mohawk Office for the Aging  
Phone: 518-358-2963

Steuben County Office for the Aging  
Phone: 607-664-2298

Suffolk County Office for the Aging  
Phone: 631-853-8217

Sullivan County Office for the Aging  
Phone: 845-794-3000

Tioga Opportunities Inc.  
Phone: 607-687-4120

Tompkins County Office for the Aging  
Phone: 607-274-5482

Ulster County Office for the Aging  
Phone: 845-340-3456

Warren/Hamilton Counties OFA  
Phone: 518-761-6347

Washington Co. CARES-Office for Aging  
& Disability Resources  
Phone: 518-746-2420

Wayne County Dept. for Aging & Youth  
Phone: 315-946-5624

Westchester County Dept. of Senior  
Programs & Services  
Phone: 914-813-6400

Wyoming County Office for Aging  
Phone: 585-786-8833

Yates Office for Aging  
Phone: 315-536-5515