



FACT SHEET



EISEP Eligibility:

- At least 60 years old
- Functionally impaired, in at least one ADL or two IADL:
Activities of Daily Living (ADL) are self-care tasks such as bathing, dressing, toileting, continence, transferring and eating.
Instrumental Activities of Daily Living (IADL) include housekeeping, shopping, preparing meals, managing money, laundry, using transportation, telephoning and getting outside of the home.
- Have unmet needs for such assistance
- Not be eligible for the same or similar services under other public programs
- Able to be maintained safely at home
- For non-institutional respite, have one or more informal caregivers who provide continuing care
- For those who appear eligible for Medicaid, a Medicaid application is required. Services may be provided while the application is pending.

Expanded In-Home Services for the Elderly Program: The Profile

A Foundation for Aging in Place

The greatest desire for most seniors is to be able to stay at home and not be placed in institutional care. As seniors age, they may need help with or become incapable of performing some of the basic activities of daily living; however, their limitations are non-medical in nature. The Expanded In Home Services for the Elderly Program (EISEP) was developed in 1987 to address the needs of seniors who are not eligible to receive support from Medicaid and other programs. EISEP services are intended to provide support over the long term, to address non-medical needs. This program provides services to help older New Yorkers live with dignity and respect in the comfort of familiar surroundings and in their communities.

Services Provided Under EISEP

Non-medical in-home services, case management, non-institutional respite and ancillary services are provided under EISEP.

Non-Medical In-home Services

Non-medical in-home services fall into two categories: Personal Care Level 1 and Personal Care Level 2.

Personal Care Level 1 services include assistance with: light housekeeping, laundering, meal preparation, escort assistance, doing errands and shopping.

Personal Care Level 2 services include assistance with: all tasks listed under Personal Care Level 1 plus bathing, grooming, dressing, toileting, transferring and ambulation, feeding, eating and the self-administration of medication.

Case Management

An essential part of the EISEP program is case management. Case managers not only assist the client, but also their families. Case management includes an in-home assessment, care plan development, arrangement of services, information and referral, client monitoring and follow up.

Respite

Many seniors are cared for at home by informal caregivers – family, friends and neighbors. EISEP supports these individuals, either by complementing or supplementing the care they provide or by providing them with respite from their caregiving responsibilities. By giving caregivers a break from these responsibilities, we support their ability to continue their caregiving role. Non-institutional respite care is offered through social adult day programs and companion/supervision services.

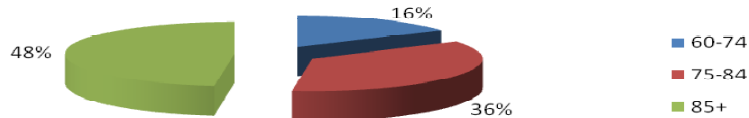
Ancillary Services

An individual may have unique needs that should be addressed in order for the person to remain at home safely. Personal Emergency Response Systems (PERS) are one such need that qualifies as an ancillary service.

The Profile

The largest age group receiving EISEP personal care services is 85+ at 48%. The 75 – 84 age bracket not far behind at 36%. The oldest old (85+), is the fastest-growing segment of America's senior population. As life spans increase, so too will those who need EISEP services in order to remain at home in their communities.

Percentage by Age Group of Persons Receiving Personal Care Services



Economic Status

EISEP is designed to serve those who are not eligible for Medicaid and to prevent or delay their spending down to Medicaid. More than half of the EISEP clients have incomes at or below 150% of the federal poverty level.

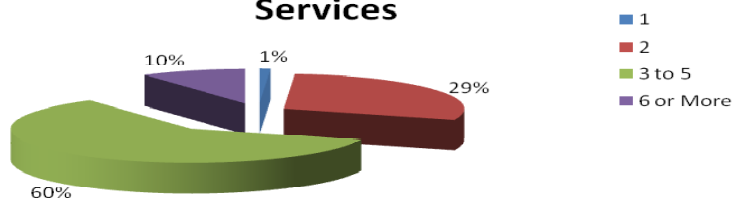
Demographics

A larger percentage of females (79%) receive EISEP services than males (21%). More than two thirds of those receiving services live alone (70%) and 26% live in rural areas. Twenty-eight percent of the clients are minorities.

Multiple Services

The assessment process is a comprehensive review of a person's needs and circumstances. It is often found that the service the initial inquiry was placed for is not the only service that is needed. In many instances, a package of services is needed to address the unique circumstances of the individual. Seniors receiving personal care services have multiple needs: more than 60% receive three to five services, and an additional 10% receive six or more services.

Number of Services Used by those Persons Receiving Personal Care Services



Quality of Life

EISEP supplements and sustains care provided by families and friends as well as provides assistance to those who do not have informal supports. In SFY 2008-09, EISEP provided in-home services to over 13,540 seniors and case management services to more than 49,500 individuals. Of those seniors who benefited from EISEP services, all were frail or disabled.

Impact on the Lives of Seniors

Mr. A had received services as a congregate meals participant, home delivered meals and intermittently of Expanded In-Home Services for the Elderly Program (EISEP) Level I housekeeping services. One January, Mr. A had a fall, broke a shoulder and ended up moving in with son and family on a "temporary basis" until he could be admitted to the new nursing home slated for completion in the coming months. With the assistance of 15 hours of EISEP Level II services, case management, and home delivered meals, Mr. A was able to remain at home with his family for over three years.

Mr. B suffered a stroke during surgery, totally incapacitating him. His wife became his primary caregiver, providing total care for two years before being referred to the office for the aging. While Mrs. B was totally committed to providing her husband's care, it was clear that assistance was needed to support her efforts. Mr. B was provided with 2 hours a day, five days a week of EISEP personal care Level II to help get out of bed, bathed and dressed. As the toll of caregiving began to wear on Mrs. B, an additional hour was provided to help get Mr. B back into bed in the evening. This assistance was able to maintain Mr. B at home until his death 5 years later.

Mrs. S is a 90 year old woman who resides alone in a senior apartment complex. Her only informal supports are her brother and sister-in-law who are also senior citizens. She has multiple medical problems which impair her ability to provide her own personal care, to maintain her apartment and put her at risk for needing emergency medical services. Through the provision of EISEP funded personal care level 2, which helps with her care and household chores, case management and a personal emergency response system, Mrs. S is able to live safely in her own apartment.