



FACT SHEET



CSE SERVICES

- Case management
- Personal care
- Home delivered meals
- Information and assistance
- Referral
- Social adult day care
- Transportation
- Respite
- Telephone reassurance
- Friendly visiting
- Health promotion and wellness activities
- Senior centers and other congregate programs
- Personal emergency response systems
- Minor residential repairs

COMMUNITY SERVICES FOR THE ELDERLY (CSE) PROGRAM

The Community Services for the Elderly program provides non-medical community-based services to frail, low-income seniors helping them to remain at home. The program offers flexible service options to meet the unique needs of senior citizens.

HISTORY OF THE CSE PROGRAM

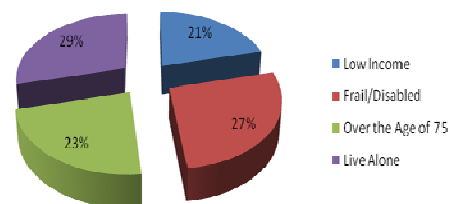
The Community Services for the Elderly (CSE) Program is part of the NYS Elder Law and was designed to:

- Improve the ability of communities to assist elderly people who need help in order to remain in their homes and to participate in family and community life.
- Improve cooperation and coordination among the many providers of community services, which can help frail elderly people who are at-risk of premature institutionalization.
- Eliminate the confusion and frustration often experienced by older persons, their friends, relatives, and persons acting on their behalf when seeking services to meet the essential, and often chronic-care, needs of the elderly.
- Reduce the heavy reliance on institutions as a way to care for the older adult, prevent excessive restrictions on the freedom of needy older persons, and reduce the unnecessary public expense of caring for the needs of frail, at-risk older New Yorkers.

DEMOGRAPHICS OF PERSONS RECEIVING SERVICES

During SFY 2008-09, approximately 79,976 older New Yorkers benefited from CSE funded services. A count of CSE customers indicates that 21% are low-income, 27% are frail and disabled, 23% are over the age of 75 and 29% live alone. Many of those receiving CSE services fall into more than one of these categories. These characteristics represent a high risk for reduced independence, isolation and the likelihood of needing community supports.

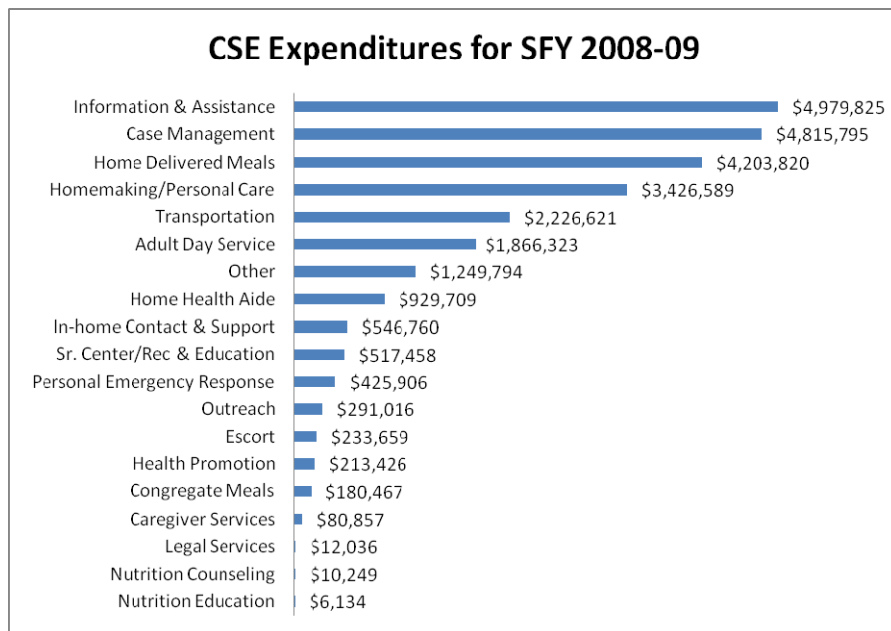
Demographics of those served with CSE funds



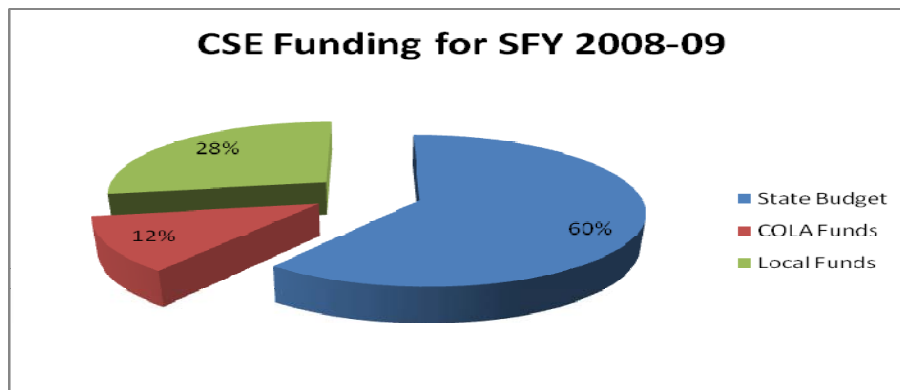
During SFY 2007-08, approximately 78,159 people benefited from CSE funded services. There was an increase in the number of people provided CSE funded services of approximately 2.25% between the years 2007-08 and 2008-09.

FUNDING

The flexible nature of CSE makes it the most effective vehicle to support programs for the growing senior population. Funds are spread across a variety of programs supported by State and Federal Funding.



Area Agencies on Aging are required to match their State appropriation by a minimum of 25% for service expenditures. AAAs are providing funding for services at 28% of overall funding.



State expenditures in the 2007-2008 SFY year for the CSE program totaled \$19,819,624 and in the 2008-2009 SFY was \$18,548,835. This reflects a decrease of 7.5% at the state level. The AAA expenditures also showed a decrease of 6.5% in funding. While the population of seniors requiring services is on the rise, the funds needed to provide the services are on the decline.

Impact on the Lives of Seniors

Mrs. W is an 83 year old woman who has a history of cancer, high blood pressure, heart disease and is legally blind. She was having increasing difficulty maintaining her home and began receiving CSE funded homemaker services 7 years ago. The homemaker visits once a week for 3 hours and cleans the house, helps with light meal preparation, reads and organizes mail and gets correspondence ready to mail. In conjunction with the homemaker, Mrs. W receives case management services to be sure all of her needs are addressed. The case manager has connected Mrs. W with services through a visual rehabilitation organization and helps annually with Medicare Part D plan selection. Mrs. W also receives a CSE funded Personal Emergency Response System so that she can summon if needed. With the assistance of CSE Funded Services, Mrs. W is able to live independently in the community at a cost slightly less than \$300 a month.

Mr. S is a 79 year old man who has been receiving CSE funded assistance since 2003. Mr. S is illiterate and his deceased companion of 34 years had been the one who took care of bill paying, reading mail etc. Arrangements were made for Mr. S to visit the AAA office once or twice a month for assistance reading his mail and determining necessary action. Staff has assisted Mr. S not only with reading his mail, but making sure his food stamps get recertified, getting him connected with doctor's appointments and Legal Aide services, making sure he is in the right Medicare D plan, making referrals for housing repairs, reapplying for the STAR program, helping him to access emergency HEAP benefits and other assistance as needed. A few hours of CSE assistance each month have provided a lifeline for Mr. S, allowing him to maintain his independence.